Announcements and Upcoming Events

Residency News

American Board of Surgery Updates on Training Standards

The ABS board recognizes the unprecedented times that we are facing and have made the following global recommendations and changes across surgical specialties:

- Non-voluntary offsite time that is used for clinical or educational purposes can be counted as clinical time.
- The ABS will accept 44 weeks of clinical time (including the non-voluntary time) for the 2019-20 academic year, without the need for pre-approval, permission, or explanation.
- For those specialties with case requirements, the ABS will accept a similar 10% decrease in total cases without the need for further documentation.
- Residents should assess their own progress towards the standard requirements in terms of rotations, cases, and specialty specific requirements. Residents should make a remediation proposal for gaps, and share with their program directors.
- The QE applications (and CE application for SCC) are being modified to be entirely online. The initial application deadline of April 15 will be extended to April 30.

For more information regarding the modifications, please visit: http://www.absurgery.org/default.jsp?news_covid19_trainingreq

Update on Longmire Scientific Day

The annual Longmire Scientific Day, which was scheduled for April 29, and the corresponding dinner has been cancelled due to current circumstances. Thank you to those who submitted abstracts for resident presentations. We are working on an alternative way to ensure you can virtually present. Details will come soon.

Wednesday Conferences

In-Person Wednesday morning activities are suspended until further notice. To replace this crucial learning experience, we have taken steps to do virtual alternatives. More information can be found on page 6.

What's going on with PPE?
A lot of information has been released on the UCLA PPE policies and procedures. A website has been compiled with all the information that you need: https://mednet.uclahealth.org/covid19/information-for-personal-protective-equipment-ppe/
Match 2020: Welcome to Our Incoming Class of Residents!

- Seth Alquist (Ortho)
- Anthony Bertrand (Plastic)
- Krishna Bommaekanti (H&N)
- John Cabri (Urol)
- Eric Chang (Ortho)
- Nikhil Chervu (GS)

- Daniel Chiou (Ortho)
- Amanda Chin (Vascular)
- Brendan Cronin (Plastic)
- David Cronkite (H&N)
- Lauraan Evans (H&N)
- Christopher Gajewski (Ortho)

- Ashley-Marie Green-Lott (Urol)
- Garrett Harada (GS-Prelim)
- Tess Huy (GS)
- Madhu Joshi (IR)
- Jennifer Kallini (Ortho)
- Steven Lee (IR)

- Serena Lofftus (GS)
- Kyle Luvisa (Plastic)
- Ilayda Muftuoglu (Neuro)
- Vadim Osadchyi (Urol)
- Nicholas Peterson (GS-Prelim)
- Alykhan Premji (GS)

- Sheel Shah (Neuro)
- Young-Ji Seo (GS)
- Nicholas Siena (GS)
- Zoe Teton (Neuro)
- Solymar Torres Maldonado (H&N)
- Rishi Trikha (Ortho)

- Haley Tupper (GS)
- Bowen Wei (IR)
- Emily Wong (H&N)
- Kyle Zuniga (Urol)
Thank you to everyone who came out to Bowlmor Santa Monica last month for our Fourth Annual General Surgery Family Bowling Social.
**Resident Wellness**

Self-care becomes even more essential in times of crisis and uncertainty. Headspace is a popular guided meditation and mindfulness app that offers free content to help manage stress and anxiety. You’ll get access to various meditations, sleep, movement and breathing exercises that aim to help you de-stress. Headspace is currently offering their premium tier subscription to health care professionals free of charge.

To download or get more information go to [https://www.headspace.com/](https://www.headspace.com/)

**SCC and ACS Fellowship Application Service is Now Open**

The Surgical critical care and Acute care surgery Fellowship Application Service (SAFAS), sponsored by the Surgical Critical Care Program Directors Society (SCCPDS), is currently accepting applications for Appointment Year 2021.

Using SAFAS, applicants may complete one standardized application form, upload supporting documents, request letters of recommendation, and submit to multiple SCC and ACS Fellowship Programs online.

Applicants must still use the National Resident Matching Program (NRMP), with Rank Order List (ROL) deadline September 30, 2020.

For more information on the application service, please visit the SAFAS Website ([www.safas-sccpds.fluidreview.com](http://www.safas-sccpds.fluidreview.com)) or contact the SAFAS Administrator (webmaster@sccpds.org)

**Robotics Skills Course at UCLA**

We used three robotic systems and KindHeart perfused tissue simulation cassettes. Thoracic fellows worked with heart and lung models while general surgery residents utilized hernia and colon models.

**Fun Facts with Dr. Sean O’Neill**

The Early Northern Renaissance (1390-1441) Painter Jan Van Eyck signed his paintings with a pun on his name: ALS ICH KAN, which means, “As I (Eyck) can.”

As you can see by his self-portrait, Van Eyck was a real fungi.
Welcome to the Cuteness Corner

To be featured in future issues, email the cute photos that capture the moments in your life to Chi at cquach@mednet.ucla.edu

Thank you to this month’s contributors: Kevin Blair and Stephanie Angarita.

Welcome to the world, Valentina Ines Angarita! This cutie was born on 3/30/2020. Congrats Stephanie Angarita!

Congrats on the engagement, Kevin Blair! These two plan to tie the knot in September 2020.

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**GME Support during the COVID-19 Outbreak**

Childcare: UCLA has partnered with Bright Horizons Additional Family Supports which provides access to sitters, nannies, housekeepers, caregivers and pet sitters that have cleared background checks. In addition, our own DGSOM medical students have self-volunteered to assist front line healthcare providers. Please fill out the Childcare and Household Management Request Form if you are interested in their services.

Housing: The GME is providing overnight accommodations to healthcare providers that are caring for patients on COVID-19 units. Please contact the command center at Ext. 77115 to request accommodations.

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**RAS-ACS Call for Symposium Essays**

This year’s topic is Surgical Resident Unionization for participating institutions, resident unions provide a mechanism to unify and mobilize residents, who otherwise are departmentally based and decentralized. To participate in this debate, craft your 1,000 word essay in their the “pro” or “con” position of this topic and submit it at: https://www.surveymonkey.com/r/72XN2CG

First place winners of this essay contest will compete in the debate at Clinical Congress 2020 on Sunday, October 4, 2020, from 1:00 - 3:00 pm in Chicago, IL. The two second place winners will have their submissions published in the November issue of the Bulletin of the American College of Surgeons.

Questions? Contact Rasnews@facs.org
Deadline: April 3, 2020
Do not let what you cannot do interfere with what you can do.
- John Wooden

Dr. Dennis Kim is set to launch his new surgery podcast, “Trauma ICU Rounds,” this month. You can subscribe at https://podcasts.apple.com/us/podcast/trauma-icu-rounds/id1504776737
Stream it at home while practicing social distancing.

2020-21 Upcoming Events (dates are subject to change)
- Thu, Apr 30: QE Application deadline
- Fri, May 15: QE late application deadline
- Wed, Jun 3: Mock Orals
- Sat, Jun 13: General Surgery Graduation
- Tue, Jun 23: ACLS/BLS Life Support Skills
- Wed, Jun 24: First Day of Clinical Service
- Thu, Jul 16: General Surgery QE exam

Wednesday Conferences and Educational Sessions
As an alternative to our typical Wednesday morning activities, we will do the following to ensure a rich educational experience during this time.

1. Wednesday conferences will occur via Zoom every Wednesday morning at 9am.

2. There will be two 1-hour educational sessions per week. This will occur via Zoom on Mondays at 2pm and Thursdays at 2pm. Post-call residents are not expected to participate. Clinical residents who are at home, on Jeopardy or Furlough, are expected to participate. Clinical residents who are in-house doing clinical duties and research residents are not expected to participate, but you are welcome to attend.

Wednesday Zoom conferences and educational sessions will be recorded and saved in a shared folder in Box. We need assistance from residents to moderate the education sessions. If you are interested, please contact Dr. Sean O’Neill.

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker/Title</th>
</tr>
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<tbody>
<tr>
<td>April 1</td>
<td>Meltzer, Gudzenko, Antongiorgi, Young, etal</td>
</tr>
<tr>
<td>9 am</td>
<td>Topic: Ventilator Management, Anesthesia/Critical Care</td>
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<tr>
<td>April 8</td>
<td>TBD</td>
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<tr>
<td>9 am</td>
<td>Topic: Ventral/Miscellaneous Hernias</td>
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<tr>
<td>April 15</td>
<td>TBD</td>
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<tr>
<td>9 am</td>
<td>Topic: Abdominal Trauma, Part 2 (FAST, Liver, Spleen)</td>
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<td>April 22</td>
<td>Edward H. Livingston, MD, FACS, AGAF</td>
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<tr>
<td>9 am</td>
<td>Topic: Observations from JAMA during the COVID-19 pandemic</td>
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<tr>
<td>April 29</td>
<td>Mary Kwaan, MD</td>
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<tr>
<td>9 am</td>
<td>Topic: Benign Anorectal, Part 2</td>
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